

# Learning Styles

## Traits of an Auditory Learner

1. Prefers listening to reading or writing.
2. Enjoys plays, dictation, and dialogue. Likes music.
3. Has difficulty following written directions.
4. Enjoys others reading to them.
5. Needs quiet study time. Does not do well with background noise.
6. Watching videos help them to retain information.

## Traits of a Kinesthetic Learner

1. Slow talkers and slow to make decisions.
2. Uses all sense to engage in learning.
3. Prefers a hands-on approach to learning.
4. They have excellent physical memory.
5. Learn best if they're able to move freely.
6. They learn well through experiences.

## Traits of a Reading/Writing Learner

1. Rewrites information in their own words.
2. Uses flashcards to help with recall.
3. Enjoys writing and is very organized.
4. Love to read.
5. Need quiet study time.
6. Annotated handouts during oral lecture can be very helpful.

## Traits of a Visual Learner

1. Speak quickly.
2. Love pictures and videos.
3. Good at reading maps.
4. Love to read.
5. Need quiet study time.
6. May think in pictures.